



Metro	Population Rank*	Population*	Composite Index	Grocery	Housing
New York, NY (Manhattan)	1	18,897,109	218.8	148.7	413.5
San Francisco, CA	11	4,335,391	162.7	115.8	283.0
Washington, DC	7	5,582,170	143.3	111.3	240.5
San Diego, CA	17	3,095,313	130.6	107.3	188.6
Seattle, WA	15	3,439,809	117.1	111.6	129.2
Miami, FL	8	5,547,051	107.1	107.3	111.7
Denver, CO	21	2,543,482	105.0	102.6	112.9
Richmond, VA	44	1,258,251	100.1	104.4	95.1
U.S. Index Average	N/A	N/A	100.0	100.0	100.0
Atlanta, GA	9	5,268,860	97.3	101.6	89.2
Orlando, FL	27	2,134,411	97.3	100.1	79.5
Raleigh, NC	49	1,130,490	93.8	101.3	79.7
Austin, TX	36	1,716,289	92.7	84.9	82.0

Source: C2ER The Council for Community and Economic Research (Formerly ACCRA)

* 2010 Population, Census, Most recent data available

